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6 late-season sizzlers,
from Spain to Sardinia

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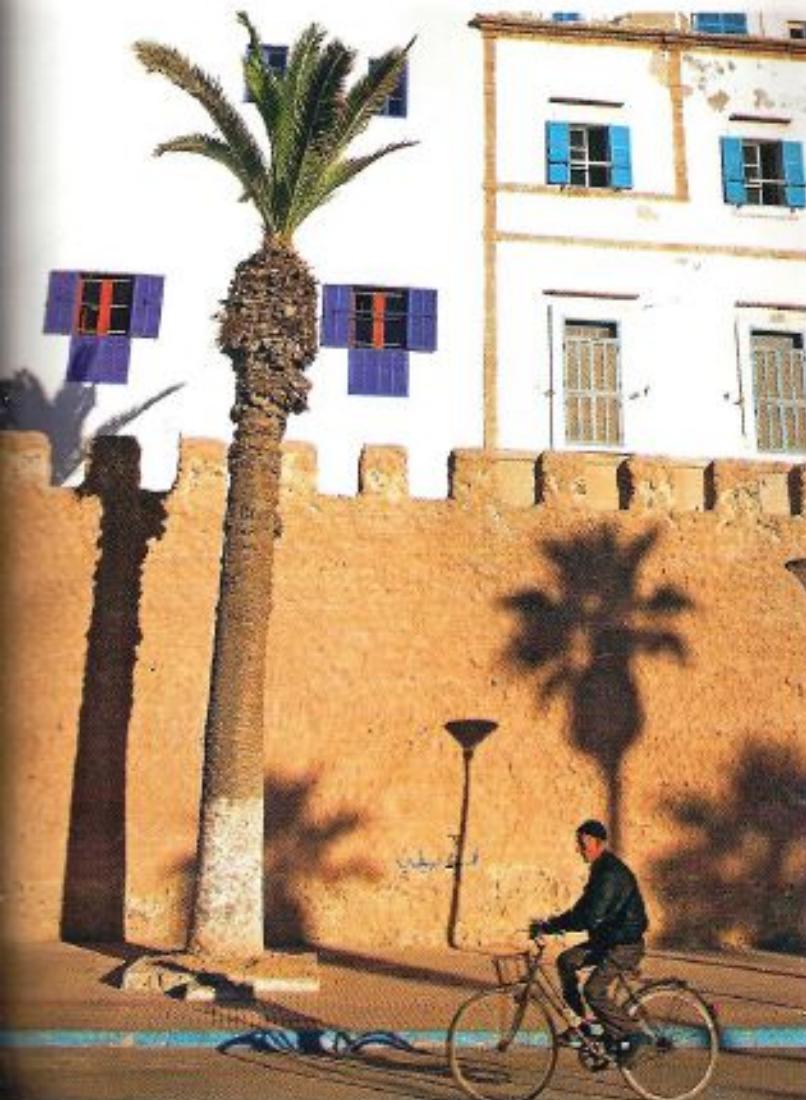
Mint Juleps
& jasmine

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2 Essaouira, Morocco Boho and breezy

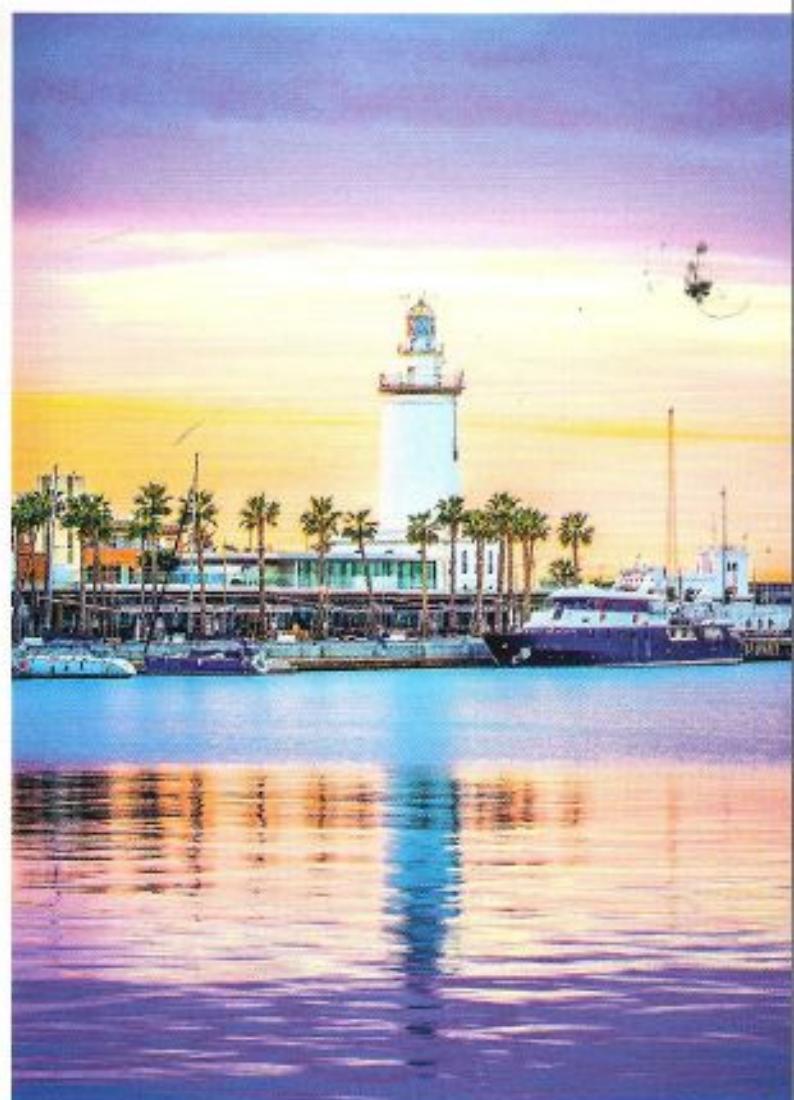
October daytime high: 20°C
Run to the sun: It's said that you can walk the breezy, Atlantic beaches all the way from Essaouira to Cape Town. Luckily, you need only stroll 45 minutes to find beach bars touting fried fish, lolling camels, and groovy surfers (watch out for the fiercer rip tides). Or grab a taxi down to Sidi Kaouki (about £10, 30 minutes), a wilder beach that's actually more sheltered. If poolside is your preferred spot, head out to the Jardin des Douars (jardindesdouars.com) where, for the price of lunch (£10), you have access to two pools among gardens bursting with jasmine and roses.

Al fresco eats: The driftwood dining room of Ocean Vagabond (oceangoingvagabond.com; mains

about £14) at the far end of Essaouira beach is perfect for whiling away an afternoon over a bottle of rosé and Saint Pierre fish steamed in coconut milk. In Sidi Kaouki, don't miss Chez Abdou (00 212 613 037691), a stone beach shack for fish fresh off the boat.

Sunny sleep: About 3km out of town on a gentle rise above the beach, Auberge Tangaro (aubergetangaro.com; doubles from £63, B&B) is a boho bolthole in desert gardens surrounding a great pool. Rooms are simple, but each has its own little sunny terrace, and there are plenty of breezy nooks, like the open-sided reading room.

Get me there: EasyJet (easyjet.com) flies from Luton to Essaouira from £23 one way.



3 Málaga, Spain Cool and cultured

October daytime high: 24°C
Run to the sun: Málaga is blissful now — summer's crowds have gone, but the waters are a come-on-in! 21°C. Malagueta beach is closest to the centre; carry on east and you'll reach the secret sands of Baños del Carmen. Málaga has serious art cred, too, but you can stay al fresco: check out Soho's street art, and the stained-glass cube atop the Pompidou gallery.

Al fresco eats: Continue beyond Baños del Carmen to Pedregalejo beach for *espetos* — sardines skewered and grilled over olive wood — at restaurants such as El Cabra (restauranteelcabra.es; mains about £8). These places are popular with Sunday-lunching families, so book ahead. Come evening, grab a jacket for a *topas*

crawl round the Old Town. Try Wendy Camba (10 Calle Fresca), Los Gatos (9 Plaza de Uncibay), or take a tour with insider Victor Garrido (welovetapas.com; £41pp).

Sunny sleep: Málaga's recently restored '20s grande dame, the Gran Hotel Miramar, is right next to Malagueta beach, but if you don't want sand between your toes, its outdoor pool stays open till late October. Rooms are modern (bag one of the few with seaviews). Doubles from £196, B&B (granhotelmiramarmalaga.com).

Get me there: Málaga airport is a 20-minute cab ride from town. Monarch (monarch.co.uk) flies year-round from five UK airports, including Manchester and Gatwick, with returns from £86. ➤