

STELLA

AWARD-WINNER

1 October 2017

Child star,
first lady,
fashion muse...

NATALIE
PORTMAN
REVEALS HER
NEW
MISSION

STYLE ALERT

The 8 labels to love
this autumn

STRESSING THE POINT

Does talking about anxiety
make it worse?

FIRST PERSON

'My husband loves his bike
more than me'

The Sunday Telegraph

Summer's last shout

Don't let the sun go down just yet with these chic boutique getaways – they're only a short hop away



FAZENDA NOVA

Portugal

Best for... hip holidaying
Hidden away in the eastern Algarve, Fazenda Nova is a 10-room boutique hotel that feels like you're staying with friends (very cool friends). From the luxe rooms and nap-inducing pods in the gardens to the vinyl library and honesty bar, this is a laid-back treasure. If you can tear yourself away, the vast golden beaches of the Ria Formosa Natural Park are a short drive away. Heaven. From £185, b&b (open from May to mid-November); fazendanova.eu



What to pack



Straw hat, £290, Missoni (matchesfashion.com)



Silk cover-up, £285, Paloma Blue (paloma-blue.com)



Floral swimsuit, £175, Stella McCartney (asos.com)



Velvet sandals, £39, Charles & Keith (charleskeith.com)

For more hotel reviews, see telegraph.co.uk/hotels



JARDIN DES DOUARS

Morocco

Best for... total relaxation
Located 15 minutes outside the sleepy port city of Essaouira (where Jimi Hendrix is said to have written *Castles Made of Sand*), Le Jardin des Douars is as peaceful a spot as you could ever wish for. We love the adults-only flower-framed pool (there is a separate one for kids), and the restaurant brimming with delicious local offerings. From £145, b&b; jardindesdouars.com



CASALE PANAYIOTIS

Cyprus

Best for... spa treatments
Nestled in the tranquil Troodos mountains, Casale Panayiotis is a charming resort. It was created to restore the ancient spa village of Kalopanayiotis, known for its botanical treasures, which are maximised in the resort's Myrlianthoussa spa. Features include a hydrotherapy pool, herbal steam room, sauna and even a snow cabin. From £100, b&b; casalepanayiotis.com



HOTEL ES VIVE

Ibiza

Best for... a buzzy atmosphere
An adults-only sanctuary of art deco glamour near Ibiza Town, with an Instagram-friendly exterior, lavishly furnished bedrooms, a glossy restaurant and intimate cocktail bar. Spend the day lazing by the pool, before enjoying sundowners at the Sky Bar, with dazzling Mediterranean views. The morning after, refresh with rooftop yoga or relax in the spa and wellness centre. From £110, b&b; hotelesvive.com