

I unch in the garden ...

or	to	dd	lers

For toddiers		
Home-made vegetable purée, with or without meat / fish		
Home-made seasonal fruit compote		
Mains for the kids		
Penne with butter		
Penne with homemade tomato sauce		
Small Kefta of minced meat, choice of side dishes* (see below)		
Chicken fillet, choice of side dishes*		
Fish of the day, choice of side dishes*		
*Side dishes: Chips, mashed potatoes, vegetables or vegetable purée		
Desserts for the kids		
Ice cream or sorbet "Ice Mamma" – selection on the board – 1 scoop		
Ice cream or sorbet "Ice Mamma" – selection on the board – 2 scoops		
Warm chocolate fondant (12 minutes yallah!)		
Orange fillets, warm spices		
Crispy churros, cinnamon sugar		
Or, for true foodies, an adult-size dessert ;-)		

Between the garden and the ocean, our cuisine brings together the finest produce from Essaouira with the herbs grown by Ahmed and his gardeners. Every day, Simo and his brigade prepare fresh, healthy, generous and refined dishes, served with softness and attention by Saïd and his team.

Discover also our daily suggestions on the blackboard: starter, ceviche, salad, catch of the day and dessert of the day, depending on the season and inspiration. Take your time... and extend the pleasure with a walk through our vegetable garden.

Starters – solo or to share		Starter	Main
Crispy chicken poke bowl, peanut sauce		105	145
Burrata, basil-marinated tomatoes, pistachio and balsamic vinaigrette	# di	125	-
Roasted oriental cabbage – labneh, green tahini & za'atar	å di	95	140
Bulghur & parsley salad, cucumber, mint, confit tomatoes & feta	đi	95	140
Essaouira sardines, gravlax-style, grilled lemon gel	, š	90	-
Essaouira octopus ceviche, Asian-style, wasabi cream	*	130	210



Please inform us of any allergies – Taxes and service included – Prices in dirhams #jardindesdouars @jardindesdouars

Mains

IV	idilis		
С	reamy risotto, grilled zucchini & lemon	å di	175
Μ	arinated beef tagliata, sweet corn velouté, fresh salad	*	210
Τá	agliatelle, confit tomatoes, stracciatella & hazelnuts	₫•	185
Seared sea bass, herb gremolata & sage beurre blanc, green vegetables quenelle			220
Jo	ohn Dory & rich bisque, 15-hour potatoes and grilled vegetables		215
Crispy Black Tiger shrimp burger, coleslaw, tartar sauce, fresh fries			195
Sı	mashed burger, cheese or no-cheese, secret sauce, fresh fries		180
D	esserts		
Se	election of Meskala goat cheeses		80
lc	e cream or sorbet "Ice Mamma" – selection on the board – 1 scoop		45
lc	e cream or sorbet "Ice Mamma" – selection on the board – 2 scoops		65
0	range fillets, warm spices	P	65
Mango & pineapple salad, crispy churros with cinnamon			85
Pi	stachio sundae, sesame-salted caramel		110
С	hocolate fondant, light orange blossom cream (12 minutes yallah!)		95
Li	ght chocolate & hazelnut mousse	*	90
0	ur take on the floating island	*	90
D	elicate milk pastilla, crème anglaise & toasted almonds		90
С	rispy-soft pavlova with fresh fruits	, Si	95
	Extra scoop of ice cream on your dessert, for pure indulg	gence	45