

Beat your fear of flying today

womanandhome.com

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STAY COOL

look stylish!

- + Everything your capsule holiday wardrobe needs
- + 28 new season steals
- + Sunglasses to suit you

CONFUSED BY SKINCARE?
TRIED-AND-TESTED PRODUCTS TO BUY

FINALLY!
Love your legs in shorts

ALEX JONES

On her work ethic, marriage & being an older mum

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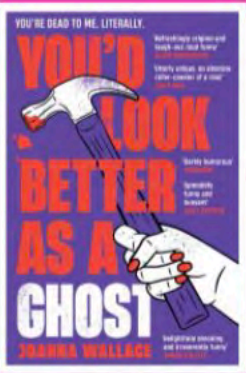
GET GRILLING!
BAD WEATHER?
NO PROBLEM!

Your guide to
EUROPE'S BEST BEACHES

SUMMER BOOKS SPECIAL

- + Your holiday reads sorted + Short story by Jo Thomas
- + What authors Lindsey Kelk & Celia Imrie are loving
- + **FREE** Joanna Wallace crime thriller – you'll be hooked

T&Cs apply. UK only



TAKE THE QUIZ!
EMOTIONAL OR IMPULSIVE
What kind of spender are you?



AUGUST 2024

LIVING WITH ALOPECIA
ONE WOMAN'S STORY OF COURAGE


FASHION

Looking stylish has never been so easy

KEEP YOUR COOL

Sun-drenched days call for a light, fresh wardrobe

FASHION EDITOR HANNAH HUGHES PHOTOGRAPHER TIFFANY MUMFORD

A woman with long dark hair is sitting on the edge of a swimming pool. She is wearing a white, sleeveless, one-piece swimsuit with a gold belt buckle and a large, wide-brimmed straw hat. She is smiling broadly and looking towards the camera. The background shows a tropical resort setting with palm trees and a building.

Swimsuit, £192,
sizes 8-16, Jets;
hat, £49, Phase Eight;
ring, £42, Mint Velvet

With thanks to Le Jardin
des Douars, Essaouira,
Morocco, with B&B
rooms from around
£140 per night;
jardindesdouars.com >>

KIMONO CHIC

+ A beach cover-up is a versatile and practical holiday piece that can be worn over swimwear or with a cami and shorts in the evening.

+ Dial up the glamour in a white swimsuit. The clever ruching on this one-piece will smooth and sculpt your figure for an extra confidence boost.

Kimono, £66.99, one size, Pia Rossini at UKswimwear.com; swimsuit, £150, sizes 8-18, naiabeach.com; earrings, £16, bettyandbiddy.com



BOW-TIFUL!

+ This silky pussy bow blouse is so easy to pack, as it takes up hardly any space – and it will elevate the simplest of outfits.

+ Pair with drawstring trousers or a maxi skirt, but keep jewellery to a minimal and let the bow take centre stage.

+ When wearing head-to-toe white, be sure to mix textures, to add variety and interest to your outfit.

Blouse, £89, sizes xs-xl, and trousers, £79, sizes xs-xxl, both Ghost; earrings, £16, bettyandbiddy.com >>

fashion inspiration

NATURAL FABRICS

+ When temperatures rise, this timeless woven maxi is the perfect blend of 73% organic cotton.

+ An oversized raffia bag will never date. Invest in a style made from a supple weave that won't crack when packed.

Dress, £110, sizes 4-18, The White Company; shoes, £110, Vionic; bag, £99, Whistles; hat, stylist's own >>





EVERYDAY LUXURY

+ Probably the most versatile top you'll ever pack, a white bohemian blouse adds a luxe holiday vibe to absolutely everything.

+ A flat-front waistband and elasticated back make these smart linen shorts the perfect blend of comfort and style.

Top, £25, sizes 8-24, Peacocks; shorts, £85, sizes xxx-l, The White Company; earrings, £12.50, FatFace; bracelet, £16, bettyandbidy.com

BREEZY BRODERIE

+ There's something quintessentially summer about crisp white broderie. Add gold accessories to dress up for dinner, without needing to resort to heels.

+ Use your co-ord set to create multiple holiday outfits. Tuck the shirt into an A-line skirt and style the trousers with a fine-striped tee.

Shirt, £199, and trousers, £199, both sizes 6-20, LK Bennett; shoes, £26, Next; earrings, £39, Whistles; bag, £375, Kate Spade >>





TAKE COVER

+ Flattering palazzo pants and a waist-highlighting twist top mean this bargain duo will see you through endless vacations.
+ On-trend scalloped detailing adds a designer spin to high-street swimwear.

Top, £10, and trousers, £10, both sizes xs-xl, Primark; bikini top, £14, and bikini bottoms, £10, both sizes 6-22, F&F at Tesco; earrings, £16, bettyandbiddy.com; hat, stylist's own



GET IN LINE

+ There's nothing boardroom about this stylish three-piece. Fine pinstripes and a linen mix will ensure you look cool and stay cool in the heat.

+ Keep a waistcoat relaxed and offset its fitted style with flowy trousers or wide-leg jeans.

Blazer, £30, waistcoat, £16, and trousers, £22, all sizes 8-22, Matalan; shoes, £22.99, Deichmann; earrings, £52, groveandvae.com

FASHION ASSISTANT: BECKY JOINER-O'RIORDAN. HAIR AND MAKE-UP: CAROLYN WREN, USING BY TERRY MAKE-UP AND FUDGE PROFESSIONAL HAIRCARE. MODEL: PETRA AT MRS ROBINSON