SUMMER SUMMER INTHE CITY CITY CHIC STYLE SOLUTIONS

ARE YOUR SUNGLASSES 2023 ENOUGH?

MOVE OVER PELOTON THE £15 WORKOUT JENNIFER ANISTON SWEARS BY



HOLLY'S HEARTACHE TORMENT BEHIND HER STRATEGIC COMEBACK

THE TRUTH ABOUT DATING 'BEIGE FLAGS'

'I'M ENGAGED BUT FREEZING MY EGGS'

**Breakout star Sarita Choudhury on sex,** Seema and season two surprises



## FOR ARABIAN NIGHTS LE JARDIN DES DOUARS, ESSAOUIRA

SHELTERED IN THE HILLS behind the seafront city of Essaouira sits a terracottacoloured oasis of calm, peacocks idling about in the shade. The dozen rooms and suites along with standalone villas in this boutique hotel are airy and traditional with thoughtful touches – plates of nuts and dried fruit greet you on arrival.

Essaouira itself is a short taxi drive away and has a deserved reputation for being less intense than other destinations in Morocco. Walking the ramparts of the medina is a must, then lunch on fresh fish in one of the many restaurants or grab a coffee in a surfer-style café. Edging the Atlantic, the beach is well-known for its windsurfing and kitesurfing but, as the guides holding camels to ride are thoroughly covered up, head back to the hotel's emerald-green infinity pool for sunbathing and splashing and enjoy the view over the lush gardens; there's a separate pool for children.

The spa offers traditional hammam treatments, often featuring Moroccan argan oil. Enjoy a thorough rub down, emerging exfoliated and squeaky clean, before a restorative juice (or cocktail) by the pool. Lunch can be served on the terrace outside, while at night dine on traditional local and contemporary dishes in the cosy restaurant or the adults-only dining room. *From £145pn; jardindesdouars.com* 



## FOR LAKESIDE ROMANCE GRAND HOTEL TREMEZZO, LAKE COMO

ONE OF THE MOST ICONIC properties on Lake Como, this art-nouveau building sits right on the water and is impossible to ignore with its striking Grand Budapestesque structure (it's rumoured that Wes Anderson modelled the pink, fictional hotel from his film on the Grand Hotel). Ben Affleck and Jennifer Lopez were spotted here on their honeymoon, enjoying the ambience, and every room, restaurant and terrace is filled with a kind of refined, old-school magic: candles light the terraces at night, jasmine and orange blossom scent the air, and the gardens, curated as they were by Emilio Trabella, who also worked on George and Amal Clooney's property at nearby Villa Oleandra, are stunning.

While the hotel is, as the name suggests, grand, you can make your own trip as fancy as you like. If a relaxed, post-swim pizza and Aperol Spritz are calling, the T Pizza restaurant is an oasis of laid-back local cuisine. Gavi and calamari? Head to Giacomo Al Lago at the hotel's beach club. For an elevated evening dinner, book L'Escale (which serves local dishes with an elevated twist, try the cacio e pepe).

Next door is the stunning Villa Carlotta with its botanical gardens, while across the lake is Belaggio with its photogenic streets. *Rooms from £712pn;* grandhoteltremezzo.com

Left and above left: Le Jardin des Douars. Right and top right: the luxe life on Lake Como