



Le Jardin des Douars
Ksar d'Hôtes - Essaouira



Lunch in the garden...

For toddlers

Home-made vegetable purée, with or without meat / fish	35
Home-made seasonal fruit compote	35

For little kids

Penne with butter	60
Penne with homemade tomato sauce	60
Small Kefta of minced meat, choice of side dishes* (see below)	75
Chicken fillet, choice of side dishes*	75
Fish of the day, choice of side dishes*	75

**Side dishes: Chips, mashed potatoes, vegetables or vegetable purée*

Desserts for the kids

Ice cream or sorbet from «Ice Mama», choice of 1 scoop / 2 scoops	45/65
Chocolate fondant (12 minutes... and go!)	70
Fresh fruit salad	40

Or for those with a sweet tooth, an adult dessert

 Végétarien  Vegan  Sans gluten (non certifié)

Taxes and service included. Prices are in dirhams.

#jardindesdouars @jardindesdouars

Starters to enjoy on your own or several to share with others

	Starter	Main
ginger-marinated shrimps, mango & avocado tartar, taco style	90	
Burrata, marinated tomatoes with basil, pistachio and balsamic vinaigrette  	120	-
Quinoa & Labneh (sour yogurt) salad, confit fennel  	95	125
Bulgur & parsley salad, cucumber, mint, confit tomatoes & feta cheese 	95	125
The incredible sardines from Essaouira, gravlax style, grilled lemon gel 	75	-
Minute marinated salmon, crusty avocado, sesame, sauce vierge 	90	145
Catch of the day ceviche, leche de tigre, rice paper puffs 	80	110

Main dishes

Today's gourmet salad, according to the Chef's inspiration (on the board)	150
Green vegetables risotto  	150
Red chickpea curry, coconut milk, aquafaba froth  	140
All'Arrabbiata penne 	135
Bass filet steamed basket, vinegar rice, ginger 	200
John Dory pan fried, coriander avocado, spicy oil with confit garlic 	190
The crispy black-tiger burger (prawns), coleslaw & homemade tartar sauce, fresh fries	185
Smashed burger, cheese (homemade!) or no-cheese, secret sauce, fresh fries	170

Desserts

Selection of cheeses from the Meskala women's cooperative-farm (goat)	70
Seasonal fruits plate, choice of ice cream or sorbet	65
No baked Cheese cake "just like", red fruit coulis	75
Raspberries cappuccino, pistachio Chantilly	80
Chocolate fondant, light cream with orange blossom (12 minutes... and go!)	85
Banoffee Pie - unstructured	80
Choice of ice cream & sorbet, 1 scoop / 2 scoops	45/65