

Le Jardin des Douars
Ksar d'Hôtes - Essaouira



Lunch in the garden...

For toddlers

Home-made vegetable purée, with or without meat / fish	35
Home-made seasonal fruit compote	35

For little kids

Penne with butter	60
Penne with homemade tomato sauce	60
Small Kefta of minced meat, choice of side dishes* (see below)	75
Chicken fillet, choice of side dishes*	75
Fish of the day, choice of side dishes*	75

**Side dishes: Chips, mashed potatoes, vegetables or vegetable purée*







Desserts for the kids

Ice cream or sorbet from «Ice Mama», choice of 1 scoop / 2 scoops	45/65
Chocolate fondant (12 minutes... and go!)	70
Fresh fruit salad	40







Or for those with a sweet tooth, an adult dessert

 Végétarien  Vegan  Sans gluten (non certifié)

Starters to enjoy on your own or several to share with others

		Starter	Main
Burrata, marinated tomatoes with basil, pistachio and balsamic vinaigrette		120	-
Quinoa & Labneh (sour yogurt) salad, confit fennel		95	125
Bulgur & parsley salad, cucumber, mint, confit tomatoes & feta cheese		95	125
The incredible sardines from Essaouira, gravlax style, grilled lemon gel		75	-
Minute marinated salmon, crusty avocado, sesame, sauce vierge		90	145
Catch of the day ceviche, leche de tigre, rice paper puffs		80	110

Main dishes

Today's gourmet salad, according to Brice's inspiration (on the board)		150
Green vegetables risotto		150
Red chickpea curry, coconut milk, aquafaba froth		140
All'Arrabbiata penne		135
Bass filet steamed basket, vinegar rice, ginger		200
John Dory pan fried, coriander avocado, spicy oil with confit garlic		190
The crispy black-tiger burger (prawns), coleslaw & homemade tartar sauce, fresh fries		180

Desserts

Selection of cheeses from the Meskala women's cooperative-farm (goat)	70
Seasonal fruits plate, choice of ice cream or sorbet	65
No baked Cheese cake "just like", red fruit coulis	75
Raspberries cappuccino, pistachio Chantilly	80
Chocolate fondant, light cream with orange blossom (12 minutes... and go!)	85
Choice of ice cream & sorbet, 1 scoop / 2 scoops	45/65