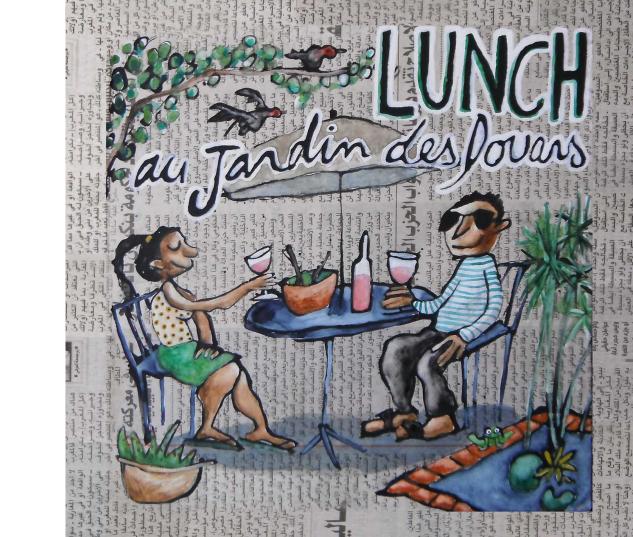


Le Jardin des Douars Ksar d'Hôtes - Essaouira



Lunch in the garden...

For	todd	lers
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Home-made vegetable purée, with or without meat / fish	
Home-made seasonal fruit compote	
For little kids	
Penne with butter	60
Penne with homemade tomato sauce	
Small Kefta of minced meat, choice of side dishes* (see below)	
Chicken fillet, choice of side dishes*	
Fish of the day, choice of side dishes*	
*Side dishes: Chips, mashed potatoes, vegetables or vegetable purée	

Desserts for the kids

Ice cream or sorbet from «Ice Mama», choice of 1 scoop / 2 scoops	45/65
Chocolate fondant (12 minutes and go!)	70
Fresh fruit salad	40

Or for those with a sweet tooth, an adult dessert

Végétarien 🎤 Vegan 💰 Sans gluten (non certifié)

Starters to enjoy on your own or several to share with others		
Burrata, marinated tomatoes with basil, pistachio and balsamic vinaigrette 🤞 🕅	120	-
Quinoa & Labneh (sour yogurt) salad, confit fennel 🛛 🕺 🖞	95	125
Bulgur ${f \&}$ parsley salad, cucumber, mint, confit tomatoes ${f \&}$ feta cheese ${\begin{tabular}{ll} { { { { fill} } { { { fill } { { fill } { { { fill } { { fill } { { { fill } { { { fill } { { fill } { { { fill } { { fill } { { } { fill } { } { fill } { } { } { fill } { } } } } } } } } } } } } } } } } }$	95	125
The incredible sardines from Essaouira, gravlax style, grilled lemon gel 🛛 🏾 🔏	[′] 75	-
Minute marinated salmon, crusty avocado, sesame, sauce vierge 🏾 🔏	´ 90	145
Catch of the day ceviche, leche de tigre, rice paper puffs 🍂 🕺	80	110
Main dishes		
Today's gourmet salad, according to Brice's inspiration (on the board)	150	
Green vegetables risotto 🖞 🕯	´ 150	
Red chickpea curry, coconut milk, aquafaba froth 🥢 🧨 🎉	<i>´</i> 140	
All'Arrabbiata penne	135	
Bass filet steamed basket, vinegar rice, ginger 🍂	´ 200	
John Dory pan fried, coriander avocado, spicy oil with confit garlic 🕺 🕺	´ 190	
The crispy black-tiger burger (prawns), coleslaw & homemade tartar sauce, fresh fries 🛛 🔏	´ 180	
Desserts		
Selection of cheeses from the Meskala women's cooperative-farm (goat)		
Seasonal fruits plate, choice of ice cream or sorbet		
No baked Cheese cake "just like", red fruit coulis		
Raspberries cappuccino, pistachio Chantilly		
Chocolate fondant, light cream with orange blossom (12 minutes and go!)		

Taxes et service compris. Les prix sont exprimés en dirhams. #jardindesdouars @jardindesdouars 45/65

Choice of ice cream & sorbet, 1 scoop / 2 scoops